

# Marinos-Eirinaios Mitrakos

Feidippidou 57

11527, Athens

+306955494410

marinos.mitrakos@polyxenia-renal.com

## EDUCATION

**Oct 2025** **Specialist in Nephrology**  
**2008-2014** **Medical School, Faculty of Health Sciences, Aristotle University of Thessaloniki**  
*Grade: 7.42/10, Very Good*  
**2005-2008** **Experimental High School of the University of Patras**

## EXPERIENCE

**11/2025-present** **Nephrologist at the Hemodialysis Unit “Polyxenia Renal”**

**06/2022-06/2025** **Resident Physician, Nephrology Clinic - University General Hospital of Heraklion**

**03/2022-06/2022** **Clinical Assistant, Nephrology Clinic - 401 General Military Hospital of Athens**  
*Participation in the clinical and dialysis unit training program*

**03/2021 - 03/2022** **Resident Physician, Nephrology Clinic - General Hospital of Athens “Evangelismos”**

**12/2020 - 03/2021** **Clinical Assistant, Nephrology Clinic - 401 General Military Hospital of Athens**  
*Participation in the clinical and dialysis unit training program*

**12/2018 - 12/2020** **Resident Physician, 2<sup>nd</sup> Department of Internal Medicine - 401 General Military Hospital of Athens**  
*-22 months at Department of Internal Medicine*  
*-2 months at COVID-19 Unit*

**08/2015 - 12/2018** **Physician, 96th National Guard Battalion Medical Unit – Chios**  
*-Provision of primary healthcare to permanent staff and conscripted personnel*  
*-Supervision of annual medical examinations of permanent staff*  
*-Physician at the Conscripts Reception Center in Chios*  
*-Physician at the Local Coordination Center for the Management of the Refugee Crisis in Chios (first aid)*  
*-Instructor in first aid training sessions*  
*-Health and Safety Officer, 96th National Guard Battalion*  
*-Operations Officer, 96th National Guard Battalion*

**10/2014 - 08/2015** **Trainee, Hellenic Army Medical Training School – 401 General Military Hospital of Athens**  
*-Military training courses*  
*-Clinical rotations at the 401 General Military Hospital of Athens as a junior physician*  
*-Participation in military conscription centers*

## CERTIFICATIONS

**Amsterdam UMC - Department of Pathology** **European Renal Pathology Course**  
*04-07/06/2024*

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**3rd Panhellenic Congress of Emergency Medicine** **Emergency Medicine Ultrasound Seminar – Level 1**  
*Clinical Workshop: 04-06/12/15*

## LANGUAGE SKILLS

English - C2 Level

German - B2 Level

## Conference Presentations (Oral & Poster)

- 57th ESPN Annual Meeting (15-18/10/2025)**  
**Pediatric-Onset Gitelman syndrome with late diagnosis: clinical heterogeneity in 5 patients with SLC12A3 variations**  
*K. Vardaki, M. Drakos, M. Mitrakos, C. Paliouras, C. Pleros, I. Petrakis, E.K. Dermitzaki, K. Stylianos*
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- 26th Panhellenic Congress of Nephrology (21-24/05/2025)**  
**Non-conventional nutritional parameters, including adipokines and extracellular water (ECW), during the first three years after initiation of renal replacement therapy (RRT): association with long-term mortality (Oral Presentation)**  
*N. Papadakis, I. Petrakis, C. Pleros, D. Lygerou, K. Dermitzaki, E. Drosataki, M. Mitrakos, A. Antonakis, E. Lemonidou, E. Orfanou, A. Spyridaki, K. Stylianos, A. Markaki*
- 
- Percutaneous ethanol injection therapy (PEIT) for refractory secondary hyperparathyroidism in hemodialysis patients unsuitable for surgical parathyroidectomy: evaluation of safety and efficacy (Oral Presentation)**  
*N. Papadakis, I. Petrakis, D. Lygerou, K. Dermitzaki, E. Drosataki, M. Mitrakos, A. Antonakis, G. A. Kavadias, K. Kydonaki, C. Pleros, A. Androvitsanea, K. Stylianos*
- 
- Presence of glomerular immune deposits in a cohort of patients with pauci-immune vasculitis: a single-center retrospective study of their impact on renal function outcome**  
*I. Petrakis, I. Stavrakaki, E. Drosataki, E. K. Dermitzaki, D. Lygerou, M. Mitrakos, A. Antonakis, N. Papadakis, M. Konidaki, S. A. Marangou, C. Pleros, C. Gakiopoulou, K. Stylianos*
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- Sodium zirconium cyclosilicate on computed tomography**  
*C. Pleros, D. Lygerou, I. Petrakis, E. Drosataki, K. Dermitzaki, M. Mitrakos, K. Kydonaki, M. Konidaki, A. Antonakis, N. Papadakis, K. Stylianos*
- 
- Chronic hypoparathyroidism on hormone replacement therapy & nephrological follow-up**  
*D. Lygerou, E. Drosataki, K. Dermitzaki, C. Pleros, I. Petrakis, A. Androvitsanea, M. Konidaki, M. E. Mitrakos, A. Antonakis, P. Xekouki, K. Stylianos*
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- 16th Annual CME Seminar on Fluids, Electrolytes & Acid – Base Balance (18-20/10/2024)**  
**Gitelman syndrome: clinical manifestations, electrolyte disturbances, and treatment (Oral Presentation)**  
*Round Table: Focused hereditary kidney diseases and electrolyte disorders*
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- 24th Panhellenic Congress of Nephrology (17-20/05/2023)**  
**Hemolysis following mechanical thrombectomy of an arteriovenous graft using AngioJet in a patient with chronic inflammatory demyelinating polyneuropathy**  
*I. Stavrakaki, I. Petrakis, S. Stratigis, E. Drosataki, E. K. Dermitzaki, C. Pleros, D. Lygerou, M. Konidaki, M. Mitrakos, A. Antonakis, I. Kehagias, N. Galanakis, K. Stylianos*
- 
- Renal involvement and phenotypic heterogeneity of HNF1B syndrome: description of three patients with heterozygous deletion of the corresponding gene**  
*I. Petrakis, K. Dermitzaki, M. Mitrakos, I. Stavrakaki, N. Papadakis, M. Konidaki, A. Antonakis, D. Lygerou, S. Marangou, N. Kroustalakis, C. Pleros, M. Sfakiotaki, P. Xekouki, K. Stylianos*
- 
- Two concurrent mutations of complement factor H (CFH) causing atypical hemolytic uremic syndrome (aHUS)**  
*I. Petrakis, K. Dermitzaki, E. Drosataki, C. Pleros, M. Mitrakos, N. Kroustalakis, A. Androvitsanea, D. Lygerou, I. Stavrakaki, M. Konidaki, N. Papadakis, S. Marangou, A. Antonakis, K. Stylianos*
- 
- ANCA-positive endocarditis with renal involvement**  
*E. Drosataki, S. Marangou, I. Stavrakaki, I. Petrakis, D. Lygerou, C. Pleros, K. Dermitzaki, M. Mitrakos, M. Konidaki, A. Antonakis, N. Papadakis, N. Kroustalakis, C. Gakiopoulou, K. Stylianos*
- 
- Evaluation of “psychogenic polydipsia” reveals a family with nephrogenic diabetes insipidus (NDI) and a novel AVPR2 receptor mutation**  
*C. Pleros, I. Petrakis, I. Stavrakaki, E. Drosataki, M. Mitrakos, K. Dermitzaki, N. Kroustalakis, A. Androvitsanea, D. Lygerou, M. Konidaki, N. Papadakis, A. Antonakis, S. Marangou, M. Papapanagiotou, K. Stylianos*
- 
- Evaluation of “psychogenic polydipsia” reveals a family with nephrogenic diabetes insipidus (NDI) and a novel AVPR2 receptor mutation**  
*C. Pleros, I. Petrakis, I. Stavrakaki, E. Drosataki, M. Mitrakos, K. Dermitzaki, N. Kroustalakis, A. Androvitsanea, D. Lygerou, M. Konidaki, N. Papadakis, A. Antonakis, S. Marangou, M. Papapanagiotou, K. Stylianos*

**Nephrocalcinosis across three generations of women due to a pathogenic MEN1 gene mutation**

*N. Papadakis, D. Lygerou, C. Pleros, K. Dermitzaki, I. Petrakis, I. Stavrakaki, E. Drosadaki, M. Konidaki, M. Mitrakos, A. Antonakis, N. Kroustalakis, I. M. Sfakiotaki, I. Zaganas, P. Xekouki, K. Stylianos*

**Long-term outcomes in a cohort of patients with systemic vasculitis**

*I. Petrakis, K. Dermitzaki, E. Drosadaki, S. Marangou, M. Konidaki, M. Mitrakos, C. Pleros, N. Papadakis, D. Lygerou, I. Stavrakaki, A. Antonakis, N. Kroustalakis, K. Palamaris, E. Dafnis, C. Gakiopoulou*

**Remdesivir administration in patients with end-stage kidney disease on hemodialysis: a single-center experience**

*S. A. Marangou, I. Petrakis, I. Stavrakaki, S. Stratigis, C. Pleros, E. K. Dermitzaki, M. Konidaki, D. Lygerou, M. Mitrakos, E. Drosadaki, N. Papadakis, N. Kroustalakis, A. Antonakis, M. Papapanagiotou, K. Stylianos*

**Hyponatremia and hypernatremia as primary manifestations of panhypopituitarism**

*D. Lygerou, C. Pleros, K. Dermitzaki, I. Petrakis, I. Stavrakaki, S. Stratigis, E. Drosadaki, M. Konidaki, M. Mitrakos, A. Antonakis, N. Kroustalakis, P. Xekouki, K. Stylianos*

**Patient with Crohn's disease and persistent hypokalemia (Oral Presentation)**

**Presence of anti-PLA2R antibodies in a patient with membranous glomerulonephritis and hepatitis B: primary or secondary disease? Presentation of an interesting case**

*M. A. Polyzou-Konsta, G. Tsouka, P.-E. Andronikidi, M.-A. Giannopoulou, M.-I. Mitrakos, S. Panagakou, C. Christodoulidou, V. Sevastianos*

**Severe but reversible acute kidney injury resulting from poisonous mushrooms ingestion (Oral Presentation)**

**Topic: Vasoactive drugs (Oral Presentation)**

**14th Online Educational Event of the Gastroenterology Clinic, University General Hospital of Heraklion (22/02/2023)**

**20th Panhellenic Hepatology Congress – 29th “Stefanos Chatzigiannis” Scientific Meeting (26-29/05/2022)**

**11th International Congress of Internal Medicine (04-06/07/2021)**

**2-Day Seminar, 2nd Department of Internal Medicine, 401 General Military Hospital of Athens – Management of the critically ill patient outside the ICU (30-31/05/2019)**

**EDUCATIONAL & TEACHING ACTIVITIES**

**Medical School, University of Crete**

**Renal Replacement Therapy Methods: Hemodialysis, Peritoneal Dialysis, Kidney Transplantation (Course Code 10.17)**

*-Peritoneal Dialysis 1: Spring Semester 2025, Spring Semester 2024*

*-Peritoneal Dialysis 2: Spring Semester 2025, Spring Semester 2024*

*-Immunoabsorption/Plasmapheresis: Spring Semester 2025, Spring Semester 2024*

**European Resuscitation Council Courses**

**Advanced Life Support**

*-Instructor: 02-03/04/22, 04-05/12/21, 26-27/06/20, 22-23/02/20*

*-Instructor Candidate: 25-26/01/20, 09-10/11/19, 19-20/10/19*

**Immediate Life Support**

*Instructor Candidate: 06/12/19*

**Basic Life Support**

*Instructor Candidate: 07/12/19*

**National Association of Emergency Medical Technicians Courses**

**Advanced Medical Life Support**

*-Instructor: 23-24/11/19, 23-24/02/19*

## **CONTRIBUTION IN PUBLICATIONS**

**Journal of the American Society of Nephrology, 36(10S), October 2025**

**Empiric Antibiotics and Infection Trends in CKD: Insights from the COVID-19 and Post-COVID-19 Era: PUB382**

*Antonakis, Andreas; Mitrakos, Marinos Irinaios; Drosataki, Eleni; Dermitzaki, Eleftheria-Kleio; Lygerou, Dimitra; Konidaki, Myrto; Papadakis, Nikolaos1; Pleros, Christos1; Androvitsanea, Ariadni1; Kavvadias, Georgios-Alexandros1; Kydonaki, Konstantina1; Stylianos, Konstantinos; Petrakis, Ioannis*  
(<https://doi.org/10.1681/ASN.202576345rtd>)

**Journal of Clinical Medicine. Aug 2025; 14(15):5447**

**Familial MEN1 Syndrome with Atypical Renal Features and a Coexisting CLDN16 Variant: A Case Series**

*I. Petrakis, E. Drosataki, D. Lygerou, A. Antonakis, K. Kydonaki, M. Mitrakos, C. Pleros, M. Sfakiotaki, P. Xekouki, K. Stylianos*  
(<https://doi.org/10.3390/jcm14155447>)

**Nephrology Dialysis Transplantation, Volume 38, Issue Supplement\_1, June 2023**

**#6286 NEPHROCALCINOSIS IN 3 GENERATIONS OF FEMALE PATIENTS DUE TO A PATHOGENIC MEN1 MUTATION**

*Ioannis Petrakis, Kleio Dermitzaki, Christos Pleros, Myrto Konidaki, Dimitra Ligerou, Marinos Mitrakos, Andreas Antonakis, Nikos Kroustalakis, Sevasti Alexandra Maragkou, Kostas Stylianos*  
([https://doi.org/10.1093/ndt/gfad063c\\_6286](https://doi.org/10.1093/ndt/gfad063c_6286))

**Kidney International Reports, Volume 8, Issue 3, Supplement, March 2023, Page S44**

**WCN23-0434 THE FURTHER EVALUATION OF A PATIENT WITH ALLEGED PSYCHOGENIC POLYDIPSIA REVEALED A KINDRED WITH NEPHROGENIC DIABETES INSIPIDUS WITH A NOVEL MUTATION IN AVPR2**

*C. Pleros, I. Petrakis, I. Stavarakaki, E. Drosataki, M. Mitrakos, K. Dermitzaki, N. Kroustalakis, A. Androvitsanea, D. Lygerou, M. Konidaki, N. Papadakis, A. Passam, I. Katsipi, I. Zaganas, K. Stylianos*  
(<https://doi.org/10.1016/j.ekir.2023.02.101>)

**Kidney International Reports, Volume 8, Issue 3, Supplement, March 2023, Pages S72-S73**

**WCN23-0577 TWO MUTATIONS IN COMPLEMENT FACTOR H GENE CAUSE ATYPICAL HEMOLYTIC UREMIC SYNDROME (AHUS)**

*I. Petrakis, K. Dermitzaki, C. Pleros, M. Mitrakos, N. Kroustalakis, A. Androvitsanea, D. Lygerou, E. Drosataki, I. Stavarakaki, M. Konidaki, N. Papadakis, S. Maragou, E. Xylouri, I. Zaganas, K. Stylianos*  
(<https://doi.org/10.1016/j.ekir.2023.02.160>)

**Kidney International Reports Volume 8, Issue 3, Supplement, March 2023, Pages S245-S246**

**WCN23-0585 THE FIRST CASE DNAJB11 ASSOCIATED NEPHROPATHY IN GREECE (AUTOSOMAL DOMINANT POLYCYSTIC KIDNEY DISEASE-6/ADPKD-6)**

*K. Dermitzaki, I. Petrakis, E. Drosataki, M. Papapanagiotou, C. Pleros, D. Lygerou, I. Stavarakaki, M. Mitrakos, N. Papadakis, M. Konidaki, S. Maragou, N. Kroustalakis, D. Varvouti, A. Androvitsanea, K. Stylianos*  
(<https://doi.org/10.1016/j.ekir.2023.02.553>)

## **OTHER ACTIVITIES**

**Nephrology Clinic, University General Hospital of Heraklion**

**Training sessions on peritoneal dialysis for the clinic's nursing staff**  
-Spring 2023

**Sailing School, Chios Nautical Club**

**First aid courses as part of training program**  
-Autumn 2018  
-Spring 2018  
-Autumn 2017

**96th National Guard Battalion, Chios**

**Awareness lectures to recruit volunteer bone marrow donors as part of the regular voluntary blood donation program**  
01-12/2018

**Blood Donation Department, General Hospital of Chios**

**Participation in World Blood Donor Day activities - awareness lecture to recruit volunteer bone marrow donors**  
14/06/18

**Samaria National Park**

**Volunteer staffing of the first aid station at Samaria National Park**  
14-18/08/14